

Agenda continued...

Team Time: Process CSH Unbridled Talks

Team Time: How to Improve School District Policy and/or Policy Implementation

Team Time: Action Planning

S.H.A.P.E Network

4:00 pm

Adjourn



## 2013 Coordinated School Health Summit All In for Health and Academic Success

Ramada Plaza Louisville Hotel and Conference Center  
December 5, 2013

#KYCSH

**Goal:** School districts, with stakeholder input, will develop a plan to improve their school district well-ness policies and a process for assessing implementation of their school district wellness policies.

**As a result of this training, participants will be able to:**

- Apply knowledge gained through pre-work and summit sessions to overall school district planning and policies
- Expand the school district wellness policy and practices to address Coordinated School Health (CSH) components
- Develop an action plan that outlines next steps for expanding the school district wellness policy to include CSH components

### AGENDA

8:30am Registration

Join us for health education engagement activities by Jefferson County Public Schools' students.

9:00am **Welcome**—Introductions by Jefferson County high school students  
*A. Scott Lockard, Public Health Director & KY Health Departments Association, Inc. President*

*Audrey Tayse Haynes, Secretary, Cabinet for Health and Family Services*

*Dr. Stephanie Mayfield, Commissioner, Department for Public Health*

*Thomas G. "Tommy" Floyd, Chief of Staff, Department of Education*

### Keynote Address: "Healthier Students are Better Learners"

*Dr. Charles E. Basch, Richard March Hoe Professor of Health Education at Columbia University's Teachers College; Author of "Healthier Students Are Better Learners: A Missing Link in School Reforms to Close the Achievement Gap"*



Charles Basch was born and raised in the Bronx (New York). He is the Richard March Hoe Professor of Health and Education at Teacher College, Columbia University. He specializes in planning and evaluating health education programs for urban minority populations to reduce health and educational disparities. He has directed ~\$20 million dollars of grant-funded research and program development and he continues to do so. His work is described in over 100 publications.

A special thank you to our State Level Coordinated School Health Summit

### Planning Committee Agencies and Organizations:

Alliance for a Healthier Generation  
Department for Behavioral Health & Developmental Intellectual Disabilities  
Department for Medicaid Services  
Eastern Kentucky University, College of Health Sciences  
Family Resource & Youth Services Centers  
Foundation for a Healthy Kentucky  
Humana Foundation  
Kentucky Association of School Administrators  
Kentucky Department of Education  
Kentucky Department for Public Health  
Kentucky Educational Development Corporation  
Kentucky School Boards Association  
Local Health Departments  
RMC Health  
The Fund for Transforming Education in Kentucky  
University of Kentucky, College of Public Health  
University of Kentucky, Department of Pediatrics  
University of Louisville, College of Public Health  
Western Kentucky University, College of Health & Human Services

Thanks to HumanaVitality for their assistance with the stage design!!



Coordinated School Health Unbridled Talks

School Health Environment & Policy

Lee Anne Browder, Principal, Shannon Johnson Elementary, Madison County Public Schools

Lee Anne Browder is a Principal at Shannon Johnson Elementary in Madison County. She has worn several hats in her career; from classroom teacher, guidance counselor, instructional coach, to principal. She has been an advocate for quality, daily Physical Education for years. She is totally committed to creating a school environment that promotes and protects children’s health by supporting good nutrition and physical activity. Her school has been recognized locally, statewide and nationally for their efforts. They have been awarded the Bronze and Silver Awards from the Alliance for a Healthier Generation. They were one of 27 schools nationally receiving the Silver Award this year.

Nutrition Services

Michelle Coker MA, RD, LD, Director Child Nutrition, Fayette County Public Schools

Michelle Coker MA, RD, LD is the Director of the Child Nutrition Program for Fayette County Public Schools. The FCPS Child Nutrition Program plays a major role in providing nutritious well balanced meals to the students of Fayette County. Over 10,000 breakfasts and 24,000 lunches are served daily. Prior to child nutrition, she completed her dietetic internship at Vanderbilt University Medical Center and practiced as a registered dietitian in acute care, long-term care, wellness and food distribution. She was awarded the 2010 Outstanding Dietitian of the Year Award from the Kentucky Dietetic Association. She has been married for 20 years and has two middle school children.

Physical Education & Physical Activity

Jamie Sparks, KDE SHAPE Network Director & KY Association for Health, Physical Education, Recreation & Dance, Vice-President for Division of Physical Education

Jamie Sparks BA, MA is the CSH Project Director at the KY Dept of Education. Jamie chairs the Kentucky Board of Education School Health Sub-Committee, which includes a wide range of stakeholders from state-level agencies, advocacy groups, and the state Chamber of Commerce. In July 2013, Jamie was named as Co-lead under Kentucky’s newly awarded CDC grant, State Public Health Actions to Prevent and Control Diabetes, Heart Disease, Obesity and Associated Risk Factors and Promote School Health that the Department for Public Health received. Jamie also serves as the Vice President of Physical Education for the Kentucky Association for Health, Physical Education, Recreation and Dance. He is one of twenty three national Physical Activity Leader trainers for the Let’s Move Active Schools initiative.

Health Education

Taylor Charron Haydock, Practical Living Teacher, John F. Kennedy Montessori Elementary, JCPS

Taylor Charron Haydock is the Practical Living Teacher at John F. Kennedy Montessori, a Health Promotion School of Excellence in Louisville, Kentucky. She serves children in pre-school through 5th grade, helping them explore and practice healthy behaviors. In addition to her work in her own classroom, Taylor focuses on helping teachers promote physical fitness and improved health in the regular classroom by providing resources to increase physical activity and to integrate related content into Kentucky Core Academic Standards-based lessons. In 2013, she worked with a district practical living specialist to identify and summarize related texts in an effort to make them more user-friendly for classroom teachers. Taylor was a co-lead in the inauguration of the Girls on the Run program at Kennedy Montessori, and continues to serve as a coach. Additionally, she co-wrote the grant proposal to secure funding from the Active Schools Acceleration Project (ASAP) to implement the Build Our Kids’ Success (BOKS) program.

Robin “MeMe” Ratliff, Health Promotion/Director of Physical Activity, Greenwood Elementary, JCPS

Robin “MeMe” Ratliff is a health and physical education teacher at Greenwood Elementary in Louisville, KY. In addition to teaching, MeMe coordinates the Health Promotion Schools of Excellence program, coaches cross country, and sponsors the Run Louisville Run program. She wrote the proposal that earned Greenwood an Active Schools Acceleration Project (ASAP) grant for the CHALK/Just Move program to increase physical activity in classrooms. She is collaborating with her colleagues to earn Greenwood national recognition as a Bronze Level school in the Alliance for a Healthier Generation’s Healthy Schools program.

Team Time: Process CSH Unbridled Talks

12:00 pm Lunch (provided on site)

12:45 pm Coordinated School Health Unbridled Talks

Health Services

Dennis R. Chaney, Administrator, Barren River District Health Department

Dennis Chaney is the Public Health Director for Barren River District Health Department. Dennis earned a Bachelor of Science from Georgetown College and a Master of Public Administration from the Martin School of Public Administration from the University of Kentucky. Dennis’ background spans 25 years of health care administration in both the private and public sectors. Dennis’ private sector experience includes over 12 years as a not-for-profit hospital administrator for Appalachian Regional Healthcare, Inc. in Harlan, Morgan and Perry Counties. Dennis is a Past-President for the Kentucky Public Health Association. He serves on the Board of Stakeholders for Western Kentucky University’s College of Health and Human Services and also serves on the Bowling Green Independent Schools Community Advisory Council. Mr. Chaney is a part-time instructor at Western Kentucky University.

Counseling, Psychology & Social Services

Jill West R.N., MSN, Director Children’s Services, Cumberland River Comprehensive Care Center

Jill has a Bachelor of Science in Nursing, from Eastern Kentucky University and a Masters of Science of Psychiatric Nursing, from the University of Tennessee. She is a Qualified Mental Health Professional and a Registered Nurse in state of Kentucky. Jill is a Board member for Whitley County Board of Health. She is currently the Director of Children’s Services and the Director of Infection Control at Cumberland River Comprehensive Care Center, where she has worked for over 20 years.

Health Promotion for Staff

Cara Blackmon, District Assessment Coordinator & District Coordinated School Health Chair, Bardstown Independent Public Schools

Cara Blackmon is a 26-year public school educator who is currently the District Assessment Coordinator, Supervisor of Instruction, Title I and II Coordinator, and chairperson of the Coordinated School Health Council for the Bardstown Independent School District. Cara began her work in education as a chemistry and Advanced Placement chemistry instructor for the Paducah Independent School District. She went on to serve as assistant principal at Paducah Tilghman High School prior to coming to Bardstown High School as assistant principal in 2000. In 2007 she became principal at Bardstown High School, a position she held until assuming her current position in 2011.

Family & Community Involvement

Merritt Bates-Thomas, Board Member, Daviess County Public Schools & Nutrition Services Supervisor, Green River District Health Department

Merritt Bates-Thomas, RDN, LD is Nutrition Services Supervisor for Green River District Health Department where she oversees the operation of the Community Education Department, Nutrition Services, Breastfeeding Peer Counseling & the WIC Program. She has served on the Kentucky Academy of Nutrition and Dietetics Board of Directors in numerous positions including President and is currently Kentucky’s Delegate in the Academy of Nutrition and Dietetics House of Delegates. In 2010, she was appointed by the Kentucky Education Commissioner to fill a vacancy on the Daviess County Public Schools Board of Education and was elected to fill the remainder of the term in November 2010. In November 2012 she was re-elected to serve a four year term. She also represents Kentucky on the American Association of School Administrators School Health and Learning Cadre.



Agenda continued...

